**National and Statewide Data Series
Young women and girls**

These key Australian and Victorian datasets and reports may be useful where local government level data is not available in the Women’s Health Atlas, or where broader context is needed.

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Contents**

[Overview](#Overview_Younger)

[Sexual and reproductive health](#Sexual_reproductive_Younger)

[Violence against young women and girls](#Violence_against_Younger)

[Mental health](#Mental_health_Younger)

[Healthy living](#Healthy_Living_Younger)

[Chronic disease](#Chronic_disease_Younger)

[Socioeconomics](#Socioeconomic_Younger)

[Aboriginal and Torres Strait Islander young women and girls](#Aboriginal_Younger)

[LGBTIQ+ young people](#LGBTIQ_Younger)

[Migrant and refugee young women and girls](#Migrant_Younger)

[Feedback and suggestions](#Feedback_Younger)

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Overview: young women and girls**

* [Youth Survey](https://www.missionaustralia.com.au/what-we-do/research-impact-policy-advocacy/youth-survey)
Mission Australia, annual, ongoing
* [The State of Victoria’s Children report](https://www.vic.gov.au/state-victorias-children-report)
Victoria. Department of Education and Training, annual, ongoing
* [Victorian public health and wellbeing outcomes dashboard [Portal]](https://www.health.vic.gov.au/victorian-public-health-and-wellbeing-outcomes-dashboard)
Victoria. Department of Health, 2024

Reports on a wide range of adolescent and child health and wellbeing measures by sex.
directly aligned with Victorian Government health promotion objectives and outcomes

* [Growing Up In Australia: the Longitudinal Study of Australian Children](https://growingupinaustralia.gov.au/about-study)
Australian Institute of Family Studies, ongoing
* [Growing up unequal: how sex and gender impact young women’s health and wellbeing](https://whv.org.au/resources/whv-publications/growing-unequal-how-sex-and-gender-impact-young-womens-health-and)
Women’s Health Victoria, 2017
* [2014 Major report: Health and wellbeing of women aged 18 to 23 in 2013 and 1996](https://www.alswh.org.au/post-outcomes/2014-major-report-health-and-wellbeing-of-women-aged-18-to-23-in-2013-and-1996-findings-from-the-australian-longitudinal-study-on-womens-health/)
Australian Longitudinal Study on Women’s Health (ALSWH), 2014

**Sexual and reproductive health: young women and girls**

* [7th National Survey of Australian Secondary Students and Sexual Health 2021](https://www.latrobe.edu.au/__data/assets/pdf_file/0004/1031899/National-Survey-of-Secondary-Students-and-Sexual-Health-2018.pdf)
Australian Research Centre in Sex, Health & Society, La Trobe University, 2022

All results are reported by TGD in addition to cisgender Male and Female

* [Victorian young people and sexual health 2018: findings from the 6th National Survey of Australian Secondary Students and Sexual Health](https://opal.latrobe.edu.au/articles/report/Victorian_Young_People_and_Sexual_Health_2018_Findings_from_the_6th_National_Survey_of_Australian_Secondary_Students_and_Sexual_Health/14452587)
Australian Research Centre in Sex, Health and Society, La Trobe University, 2022.
* [Young people and sexual health in rural and regional Victoria: a discussion paper](https://www.yacvic.org.au/assets/Documents/Young-people-and-sexual-health-in-rural-Victoria-VRYS-June-2013.pdf)
Youth Affairs Council of Victoria and the Victorian Rural Youth Services initiative, 2013
* [The impact of endometriosis on work ability in young Australian women](https://obgyn.onlinelibrary.wiley.com/doi/full/10.1111/ajo.13683)
ANZJOG, 2023
* [Victorian public health and wellbeing outcomes dashboard [Portal]](https://www.health.vic.gov.au/victorian-public-health-and-wellbeing-outcomes-dashboard)
Victoria. Department of Health, 2024

- Condom use - adolescents

**Violence against young women and girls**

* [Attitudes matter: the 2021 National Community Attitudes towards Violence against women survey (NCAS): findings for young Australians](https://ncas.au/ncas-2021-findings-for-young-australians)
Australia’s National Research Organisation for Women’s Safety (ANROWS), 2023
* [Young Women’s Report: a report of the Young Women and Non-Binary People’s Forum 7 July 2021 and AWAVA’s Young Women Survey 2021](https://wwda.org.au/wp-content/uploads/2022/02/YWR-Final-version_16022022.pdf)
Australian Woman Against Violence Alliance (AWAVA), 2022

Diverse representation of young women and non-binary people aged 15 to 32.

* [Free To Be Online?: girls’ and young women’s experiences of online harassment](https://www.plan.org.au/publications/free-to-be-online/)
Plan International Global Hub, 2020

– 35 countries, including Australia

* [Women's safety in Victoria: findings from the Women's Safety Survey 2020](https://www.yacvic.org.au/assets/Documents/FINAL-Womens-Safety-in-Victoria-Report-on-Findings-from-the-Womens-Safety-Survey2.docx)
Youth Affairs Council, 2020
* [We Can Lead: young people in Australia share their views on sexism and misogyny in politics in 2021: and what needs to change](https://www.plan.org.au/wp-content/uploads/2021/04/PIA0149_YAS_MediaReport_WeCanLead_FINAL.pdf)
Plan International Australia, 2021
* [Reporting to authorities: girls’ and young women’s experiences of reporting street harassment](https://www.plan.org.au/publications/reporting-to-authorities/)
Plan International Australia, 2019
* [A right to the night: Australian girls’ on their safety in public spaces](https://www.plan.org.au/news/girls-rights/a-right-to-the-night-australian-girls-on-their-safety-in-public-places/)
Plan International Australia and Our Watch, 2016

**Mental health: young women and girls**

* [headspace National Youth Mental Health Survey 2022](https://headspace.org.au/our-impact/evaluation-research-reports/youth-mental-health-statistics/)
National Youth Mental Health Foundation, 2022
* [Australia’s youth: mental illness](https://www.aihw.gov.au/reports/children-youth/mental-illness)
Australian Institute of Health and Welfare 2021
* [Walkern Katatdjin (Rainbow Knowledge) Phase 2 National Community Survey Report](https://www.rainbowknowledge.org/phase-2-results)
Telethon Kids Institute and Kulbardi, Murdoch University, 2023

A national research project that aims to understand and promote the mental health and wellbeing of Aboriginal and/or Torres Strait LGBTIQA+ young people, and to work with services to develop appropriate interventions.

* [Victorian public health and wellbeing outcomes dashboard [Portal]](https://www.health.vic.gov.au/victorian-public-health-and-wellbeing-outcomes-dashboard)
Victoria. Department of Health, 2024

- Life satisfaction - adolescents
- High resilience - adolescents
- Access to a trusted adult - adolescents

- Psychological distress – ages 10 to 17

- Alcohol use – ages 12 to 17
- Smoking – ages 12 to 17

**Healthy living: young women and girls**

* [Clustering of lifestyle and health behaviours in Australian adolescents and associations with obesity, self-rated health, and quality of life](https://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-023-15724-6)
*BMC Public Health*, 2023
* [Health behaviours and risk factors of Australia’s females](https://www.aihw.gov.au/reports/men-women/female-health/contents/lifestyle-risk-factors)
Australian Institute of Health and Welfare, 2023

**-** many tables include ages 18 to 24 years

* [Victorian public health and wellbeing outcomes dashboard [Portal]](https://www.health.vic.gov.au/victorian-public-health-and-wellbeing-outcomes-dashboard)
Victoria. Department of Health, 2024

- Self-rated health – ages 10 to 17 years
- Fruit and vegetable consumption – ages 10 to 17 years
- Physical activity – ages 10 to 17 years
- Overweight or obese – ages 5 to 17 years
- Electronic media use - ages 10 to 17 years

**Chronic disease: young women and girls**

* [Australia’s Children and Young People Health Tracker](https://www.vu.edu.au/sites/default/files/Australias-Children-and-Young-People-Health-Tracker-2019.pdf)Victoria University, 2019

Brief report card on preventable chronic diseases, conditions, and their risk factors

* [Chronic musculoskeletal conditions: Juvenile arthritis](https://www.aihw.gov.au/reports/chronic-musculoskeletal-conditions/juvenile-arthritis)Australian Institute Health and Welfare, 2023

**Socioeconomics: young women and girls**

* [A young and multicultural Victoria: the 2021 Census](https://www.cmy.net.au/resource/young-and-multicultural-victoria-the-2021-census/)
Centre for Multicultural Youth, 2023
* [The Dream Gap: Australian girls’ views on gender equality](https://apo.org.au/sites/default/files/resource-files/2017-10/apo-nid113711.pdf)
Plan International, 2017
* [Everyday Sexism: girls’ and young women’s views on gender inequality in Australia](https://www.plan.org.au/publications/everyday-sexism/)
Plan International Australia and Our Watch, 2016
* [Victorian public health and wellbeing outcomes dashboard [Portal]](https://www.health.vic.gov.au/victorian-public-health-and-wellbeing-outcomes-dashboard)
Victoria. Department of Health, 2024

- Full time education or work - ages 17 to 24 years

**Aboriginal and Torres Strait Islander young women and girls**

* [Wiyi Yani U Thangani Youth Statement](https://humanrights.gov.au/our-work/aboriginal-and-torres-strait-islander-social-justice/publications/wiyi-yani-u-thangani-7)
Australian Human Rights Commission, 2023
* [Footprints in Time: The Longitudinal Study of Indigenous Children](https://www.dss.gov.au/about-the-department/longitudinal-studies/footprints-in-time-lsic-longitudinal-study-of-indigenous-children)
Australia. Department of Social Services, ongoing
* [Walkern Katatdjin (Rainbow Knowledge) Phase 2 National Community Survey Report](https://www.rainbowknowledge.org/phase-2-results)
Telethon Kids Institute and Kulbardi, Murdoch University, 2023

A national research project that aims to understand and promote the mental health and wellbeing of Aboriginal and/or Torres Strait LGBTIQA+ young people, and to work with services to develop appropriate interventions.

**LGBTIQ+ young people**

* [Writing Themselves In 4: the health and wellbeing of LGBTQA+ young people in Australia
: Victoria summary report](https://www.latrobe.edu.au/__data/assets/pdf_file/0005/1198967/Writing-Themselves-In-4-Victoria-report.pdf)
Australian Research Centre in Sex, Health and Society, La Trobe University, 2021
* [Walkern Katatdjin (Rainbow Knowledge) Phase 2 National Community Survey Report](https://www.rainbowknowledge.org/phase-2-results)
Telethon Kids Institute and Kulbardi, Murdoch University, 2023

A national research project that aims to understand and promote the mental health and wellbeing of Aboriginal and/or Torres Strait LGBTIQA+ young people, and to work with services to develop appropriate interventions.

**Migrant and refugee young women and girls**

* [A young and multicultural Victoria: the 2021 Census](https://www.cmy.net.au/resource/young-and-multicultural-victoria-the-2021-census/)
Centre for Multicultural Youth, 2023

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Feedback and suggestions**

We welcome feedback and/or suggestions for key Australian and Victorian datasets to consider including in this resource. Please send an email to: atlas@whv.org.au



Women’s Health Victoria
acknowledges the support
of the [Victorian Government](https://www.health.vic.gov.au/populations/improving-womens-health)