



Women's Health

V I C T O R I A

healthy • empowered • equal

How to use the Victorian Women's Health Atlas

November 2023





Explore health and gender inequalities across Victoria

- 70 indicators – on a single easy-to-use platform
- Statewide, region and local government area mapping
- Compare data for females and males
- Track trends over time
- Output maps and local government area fact sheets



Sensitive content

The Atlas displays real world data including on sensitive topics such as forms of gender-based violence, mental health conditions, and adolescent birth.

Some people may find parts of this content confronting or distressing.

Help/support service details for the topics in these slides are displayed on screen at the end of the presentation.

URL: www.victorianwomenshealthatlas.net.au



**Choose a health area
eg: Mental Health**

Maps By Priority Health

Sexual and Reproductive Health

Mental Health

Healthy Living

Populations

Violence Against Women

Cancer

Chronic Disease

Socioeconomics

Select an Indicator to view the Atlas

[Mental Health Conditions](#)

[Rate \(per 10,000\) ever diagnosed](#)

[Persons ever diagnosed](#)

[Anxiety Or Depression](#)

[Psychological Distress](#)

[Self-Harm](#)

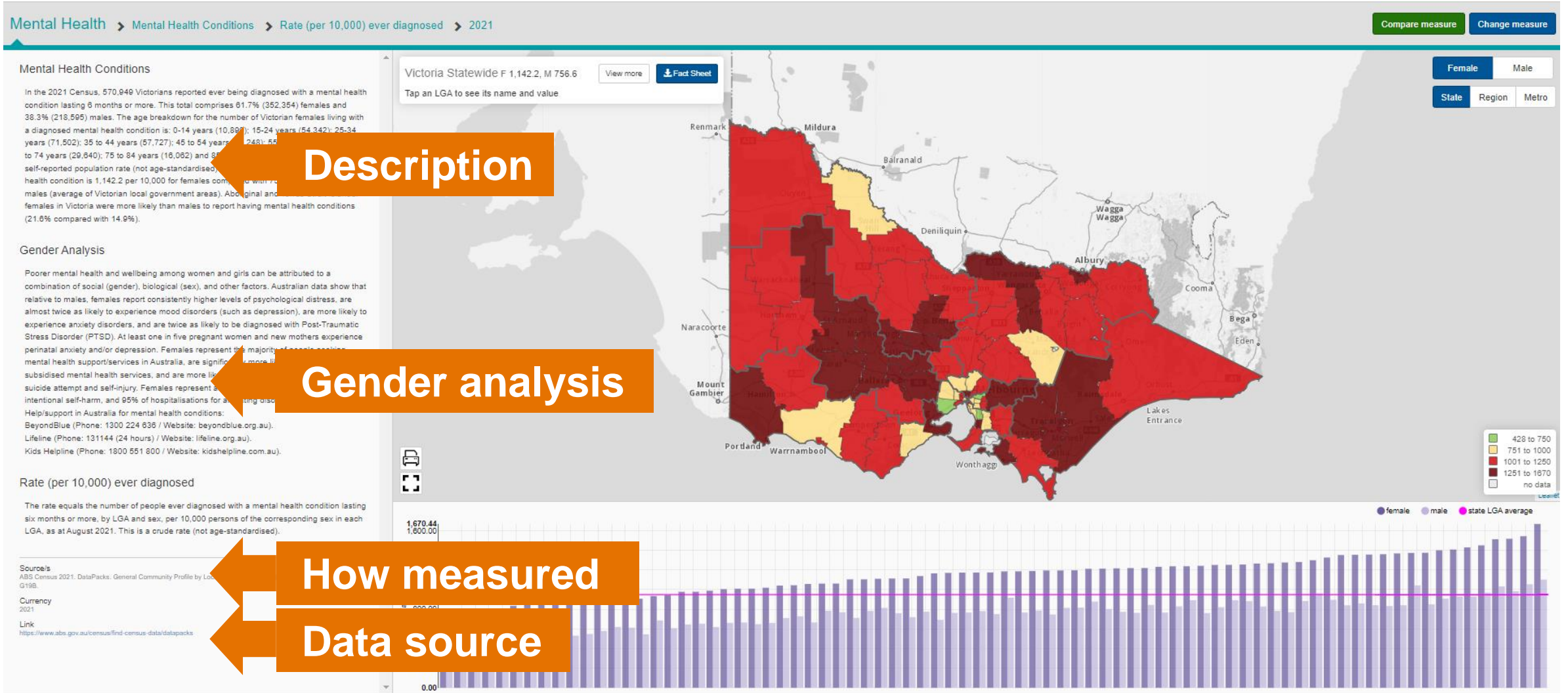
[Sought Professional Help For Mental Health Problem](#)

[Personal Wellbeing](#)

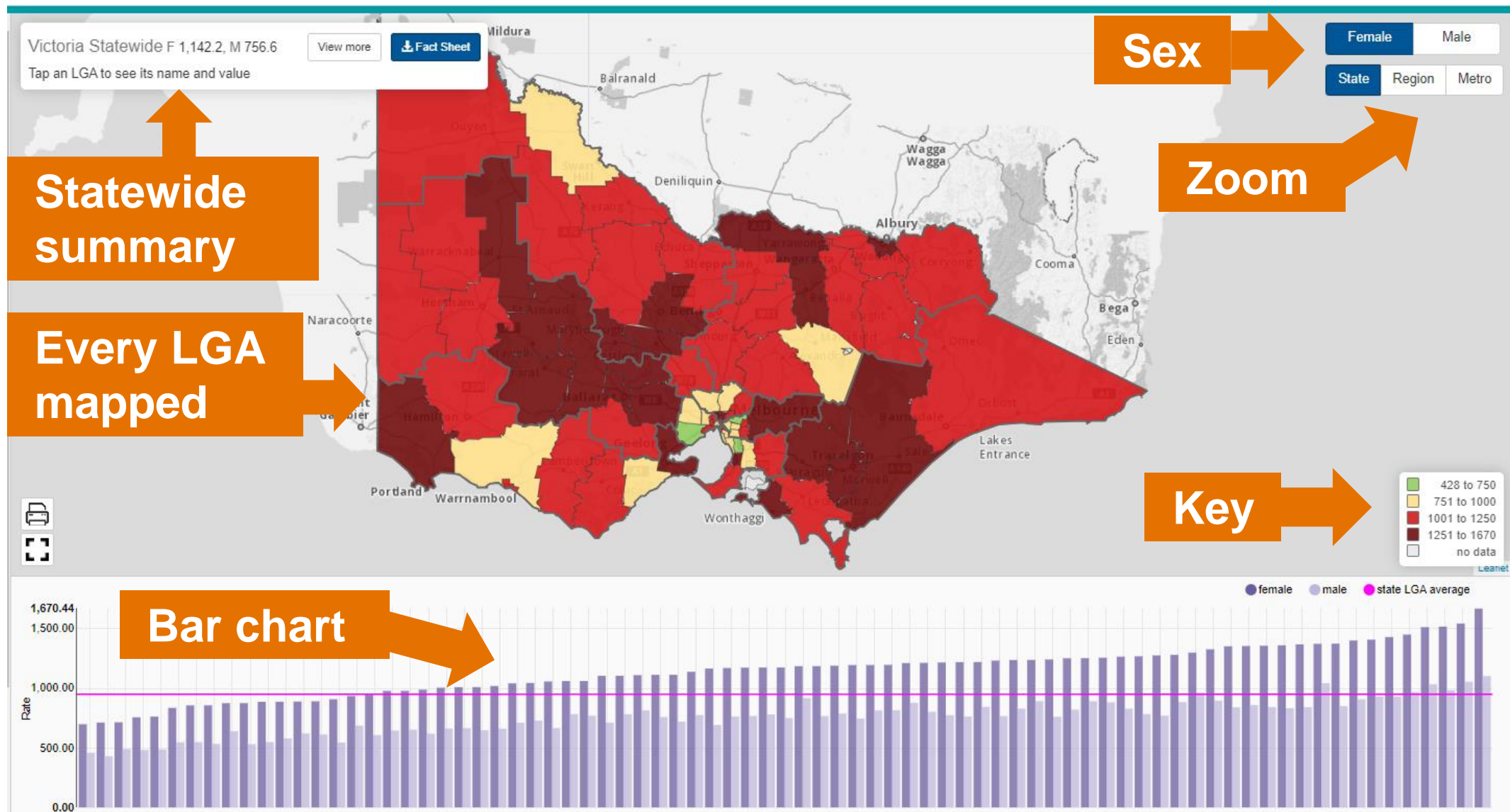
Select indicator

Select measure from dropdown

The text gives important context



Map area



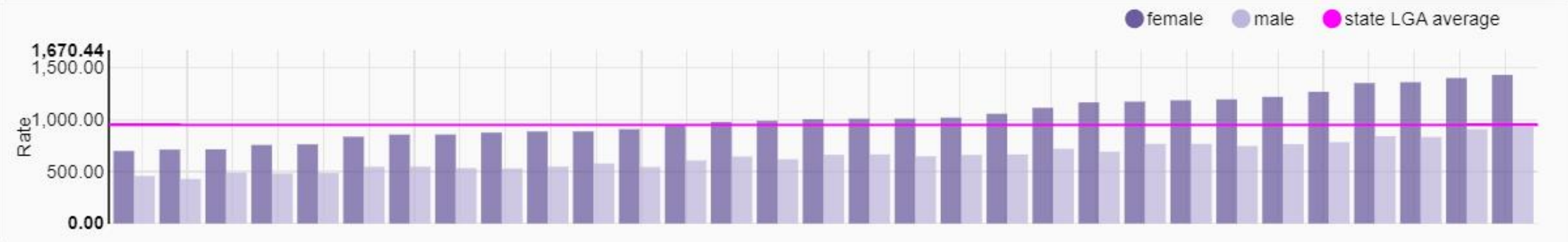
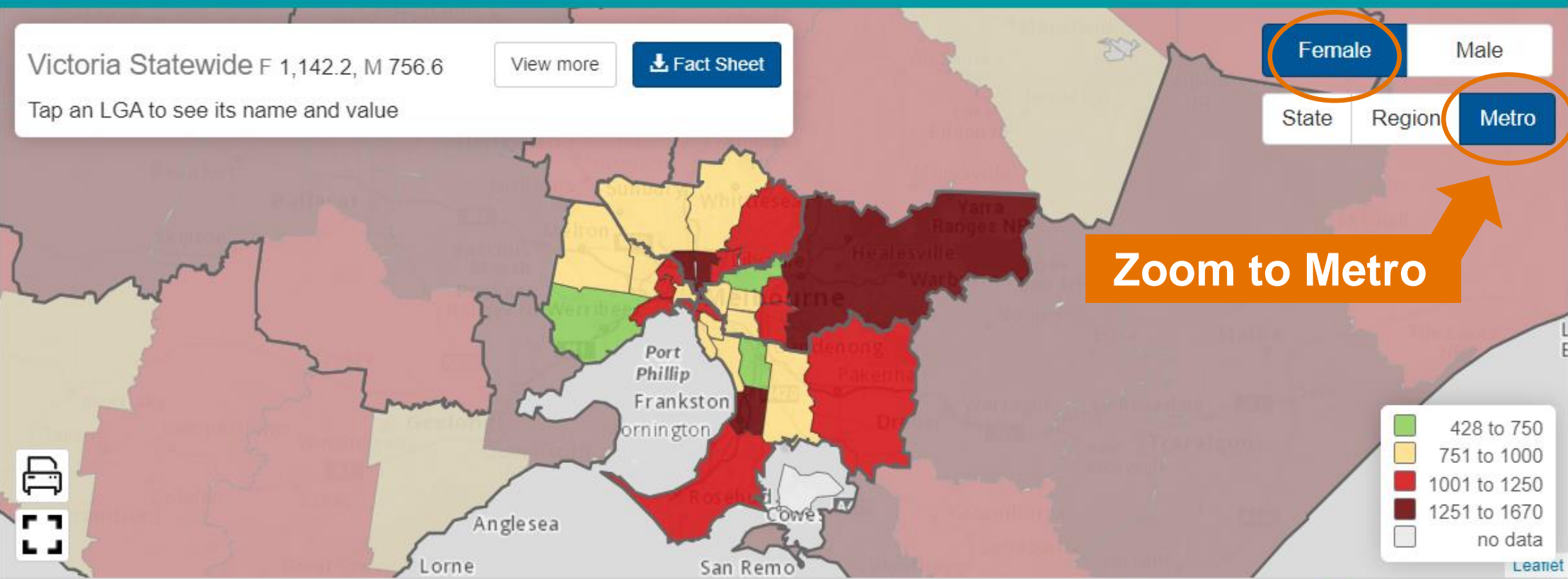
Compare measure

Change measure

Victoria Statewide F 1,142.2, M 756.6
View more [Fact Sheet](#)
Tap an LGA to see its name and value

Female Male
State Region **Metro**

Zoom to Metro



Compare measure

Change measure

Victoria Statewide F 1,142.2, M 756.6

View more

Fact Sheet

Tap an LGA to see its name and value

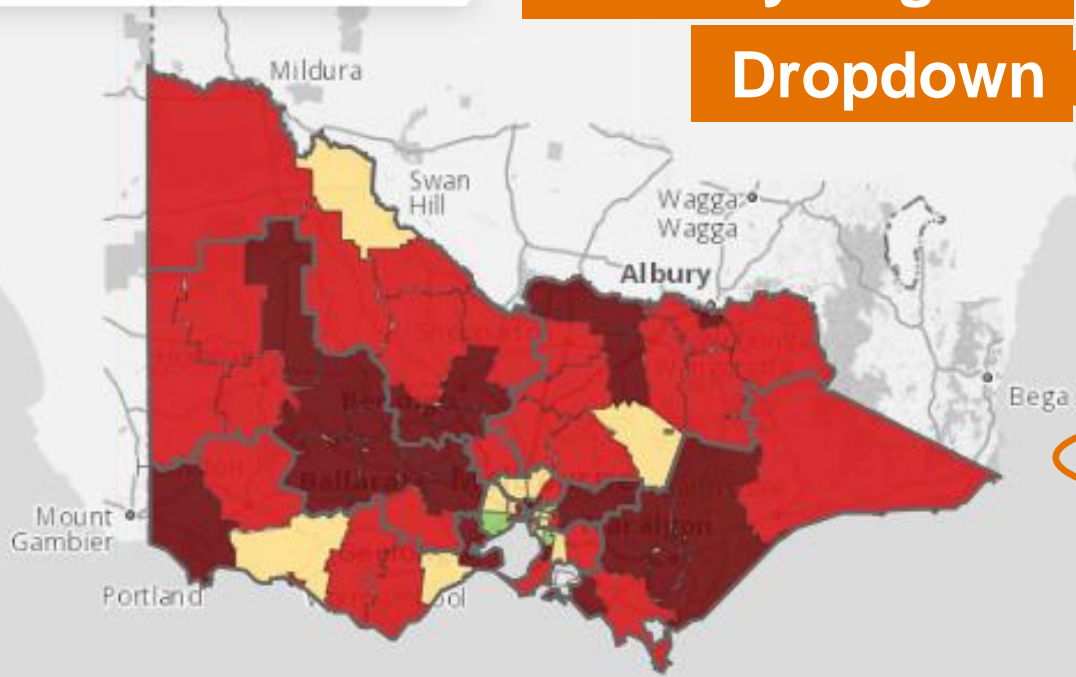
Female Male

State **Region** Metro

Select a region

View by Region

Dropdown



- Metro West
- Metro North
- Metro East
- Metro Southeast**
- Gippsland Region
- Hume Region
- Loddon Mallee Region
- Grampians Region
- Barwon South West Region

Select a Region



Select a region to see bar chart values

Compare measure

Change measure

Victoria Statewide F 1,142.2, M 756.6

View more

Fact Sheet

Tap an LGA to see its name and value

View by Sex

Female

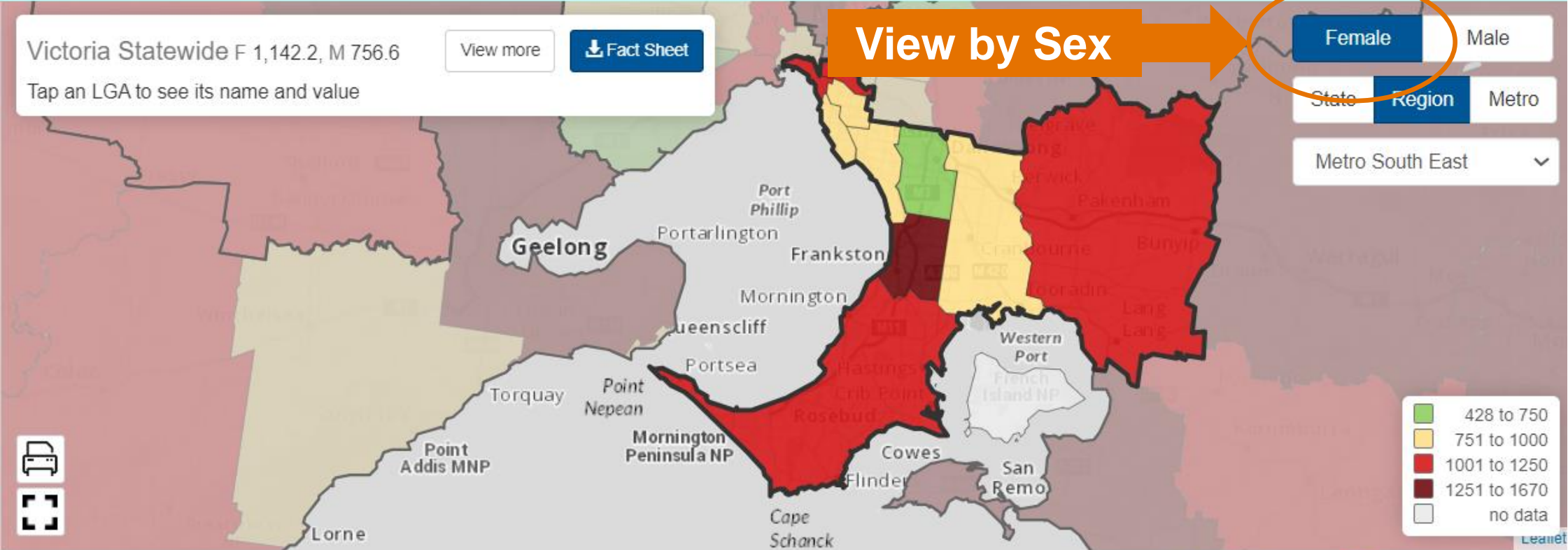
Male

State

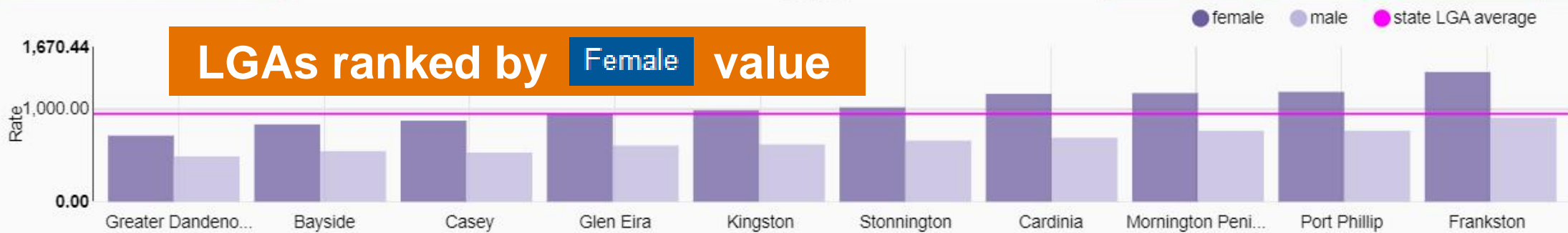
Region

Metro

Metro South East



LGAs ranked by Female value



Compare measure

Change measure

Victoria Statewide F 1,142.2, M 756.6

View more

Fact Sheet

Tap an LGA to see its name and value

View by Sex

Female

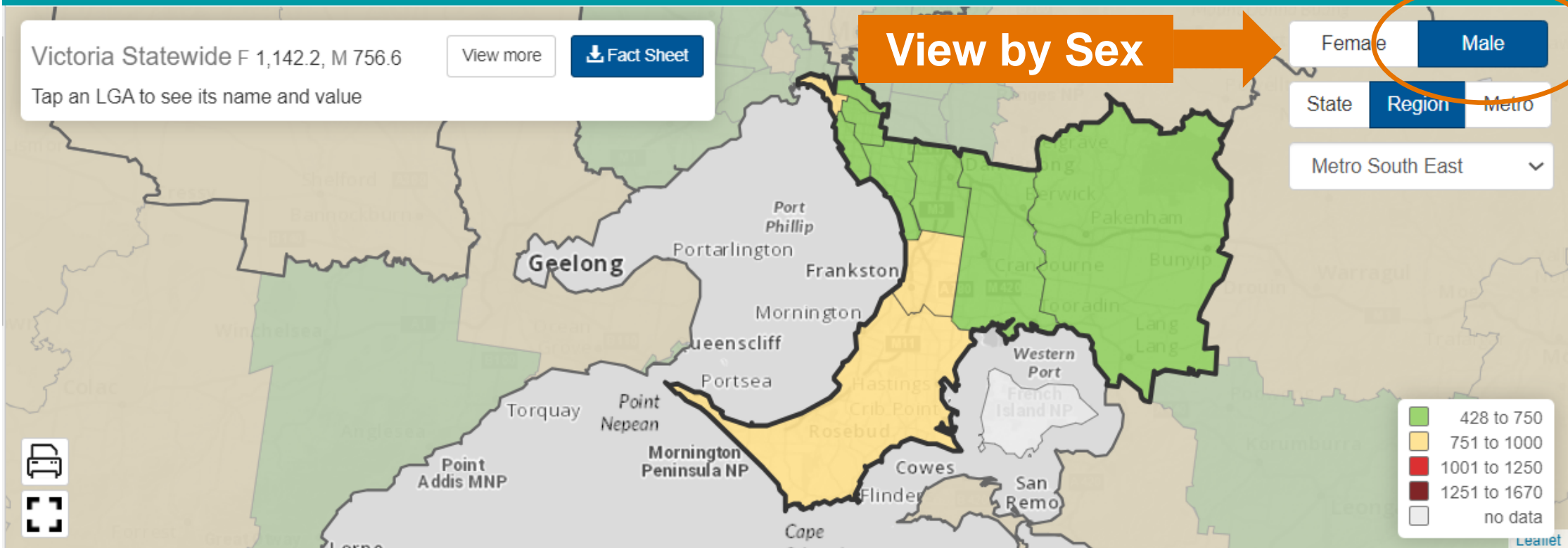
Male

State

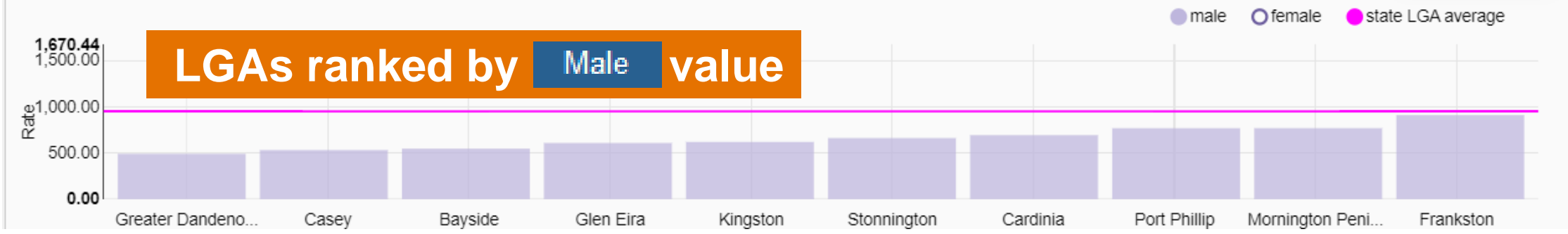
Region

Metro

Metro South East



LGAs ranked by Male value

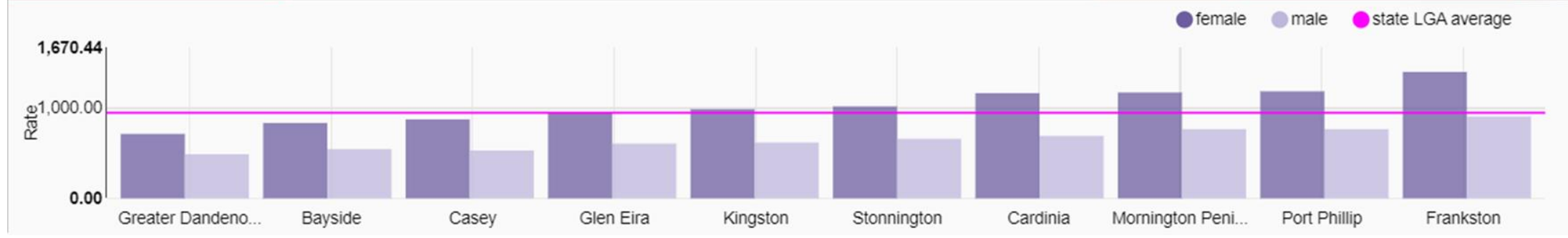
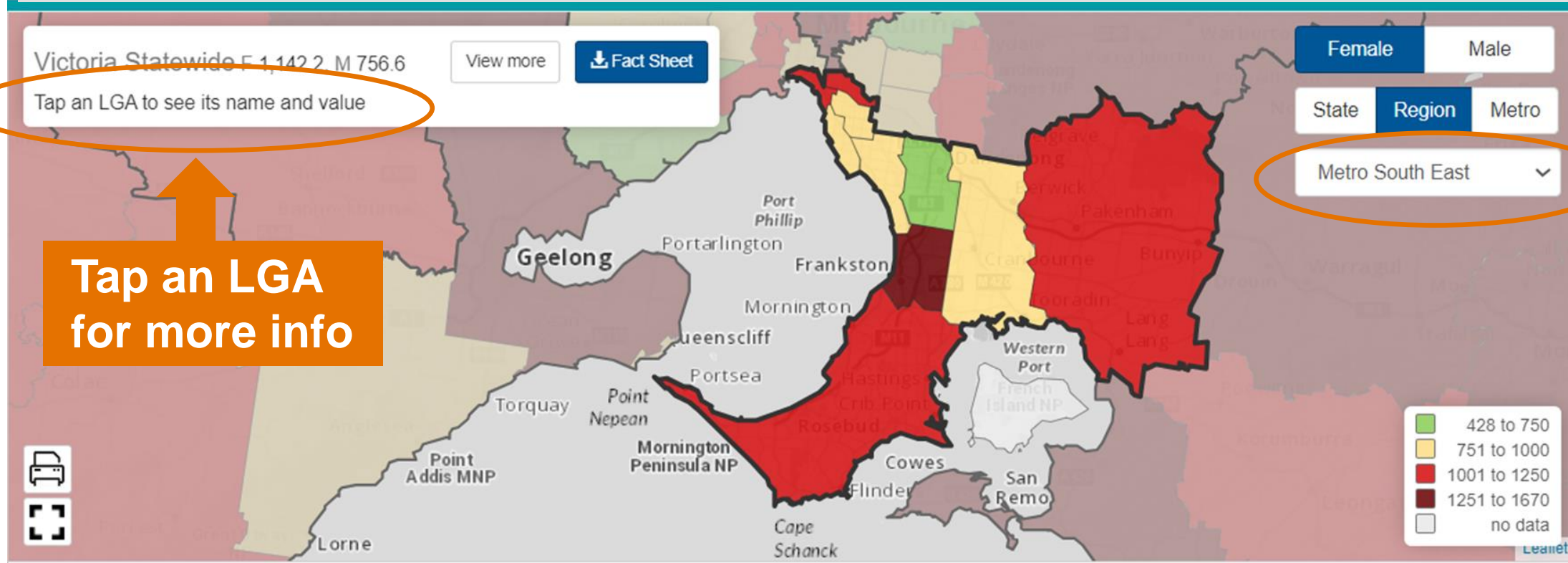


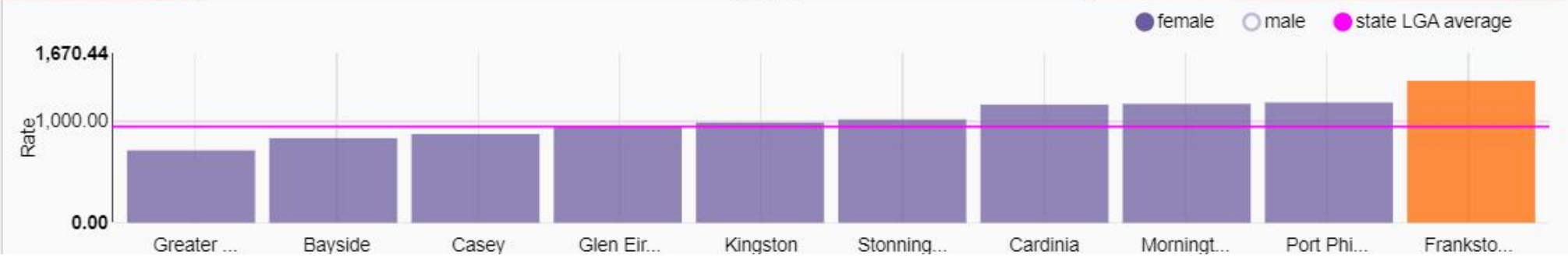
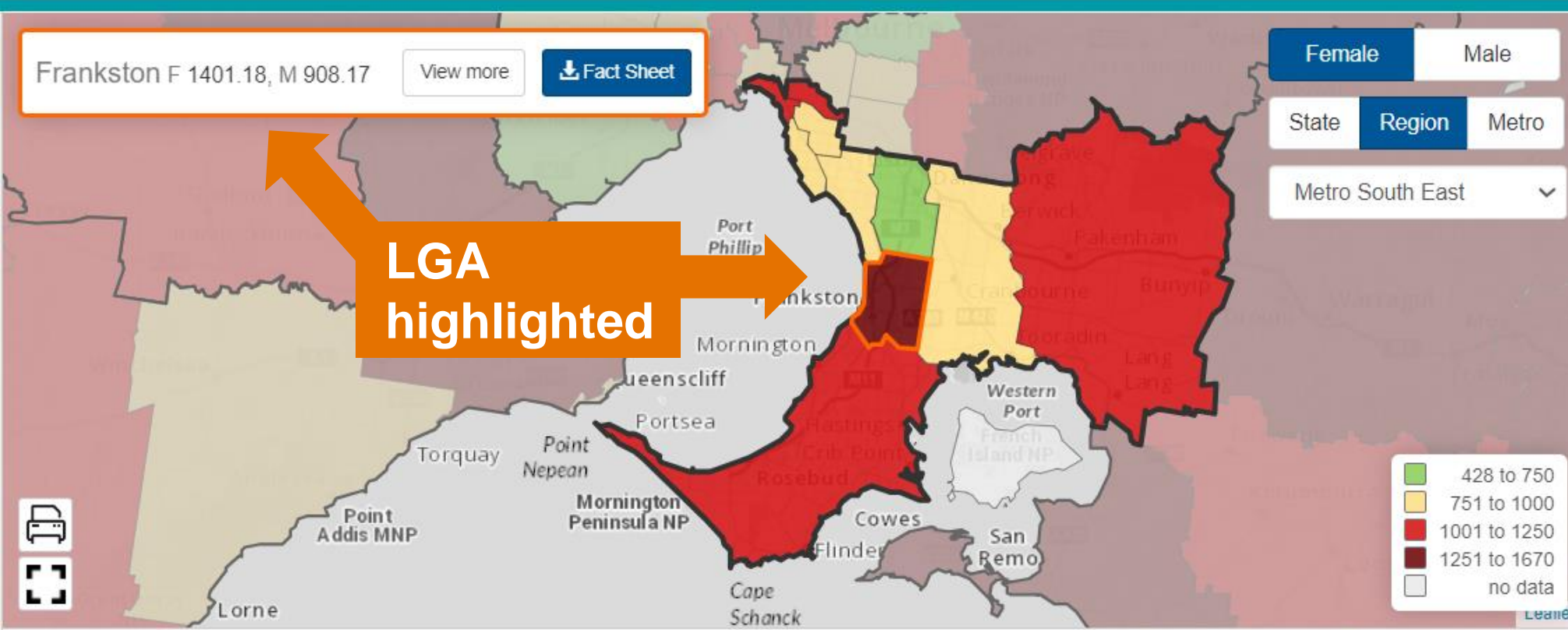
Victoria Statewide F 1,142.2 M 756.6
View more Fact Sheet

Female Male
State Region Metro
Metro South East

Tap an LGA to see its name and value

Tap an LGA for more info





Bar chart highlight

Compare measure

Change measure

Frankston F 1401.18, M 908.17

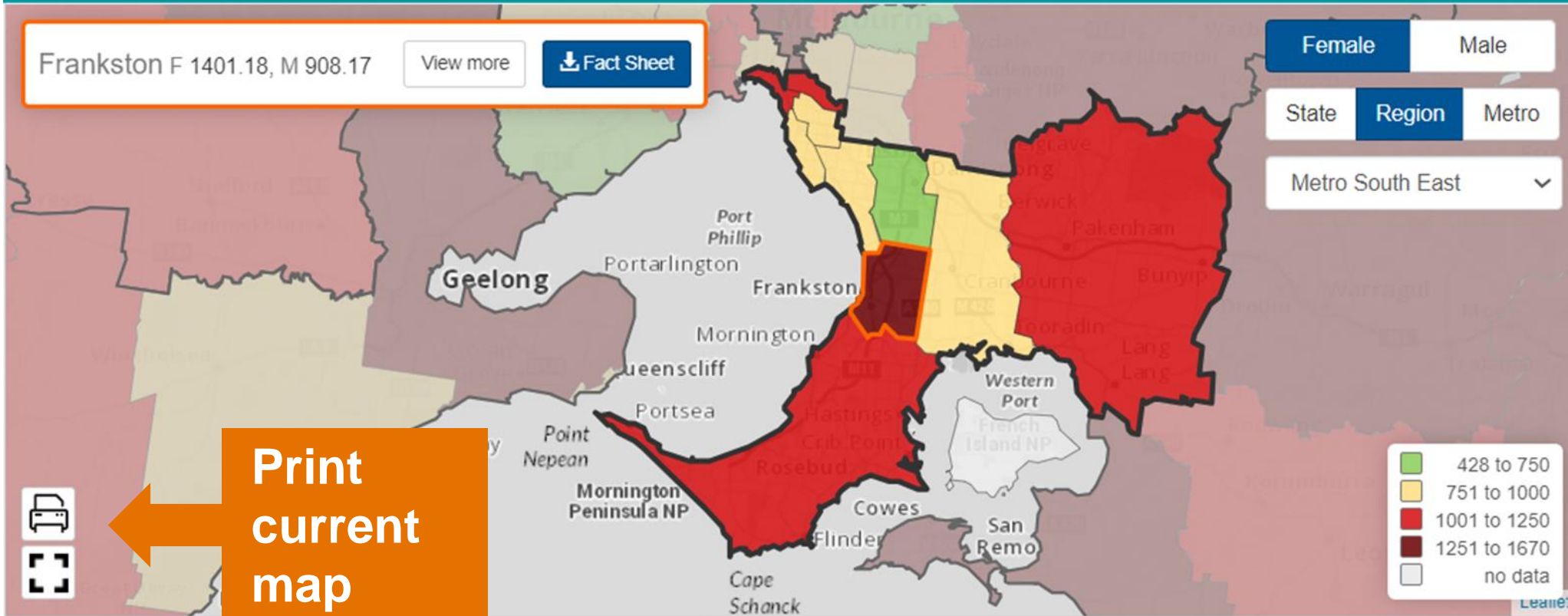
View more

Fact Sheet

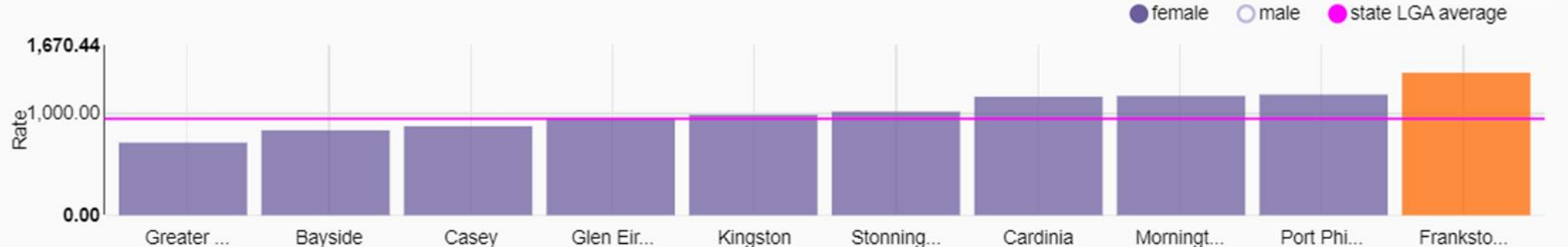
Female Male

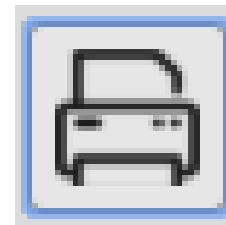
State Region Metro

Metro South East



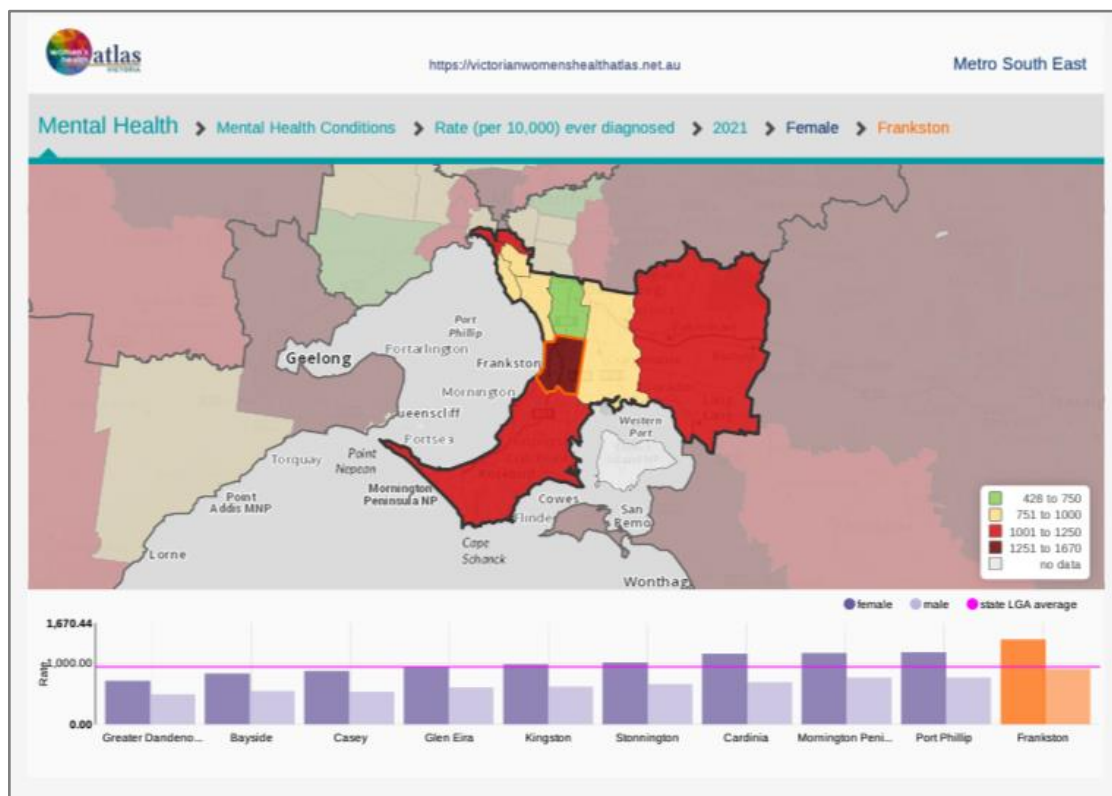

Print current map





Map Output

Download to PDF

<https://victorianwomenshealthatlas.net.au>

Mental Health Conditions

In the 2021 Census, 570,949 Victorians reported ever being diagnosed with a mental health condition lasting 6 months or more. This total comprises 61.7% (352,354) females and 38.3% (218,595) males. The age breakdown for the number of Victorian females living with a diagnosed mental health condition is: 0-14 years (10,899); 15-24 years (54,342); 25-34 years (71,502); 35 to 44 years (57,727); 45 to 54 years (54,248); 55 to 64 years (46,458); 65 to 74 years (29,640); 75 to 84 years (16,062) and 85+ years (11,476). As at 2021, the crude self-reported population rate (not age-standardised) for living with a diagnosed mental health condition is 1,142.2 per 10,000 for females compared with 756.6 per 10,000 for males (average of Victorian local government areas). Aboriginal and Torres Strait Islander females in Victoria were more likely than males to report having mental health conditions (21.6% compared with 14.9%).

Gender Analysis

Poorer mental health and wellbeing among women and girls can be attributed to a combination of social (gender), biological (sex), and other factors. Australian data show that relative to males, females report consistently higher levels of psychological distress, are almost twice as likely to experience mood disorders (such as depression), are more likely to experience anxiety disorders, and are twice as likely to be diagnosed with Post-Traumatic Stress Disorder (PTSD). At least one in five pregnant women and new mothers experience perinatal anxiety and/or depression. Females represent the majority of people seeking mental health support/services in Australia, are significantly more likely to access Medicare-subsidised mental health services, and are more likely to be attended by an ambulance for suicide attempt and self-injury. Females represent almost two-thirds of hospitalisations for intentional self-harm, and 95% of hospitalisations for an eating disorder. Help/support in Australia for mental health conditions: BeyondBlue (Phone: 1300 224 636 / Website: [beyondblue.org.au](https://www.beyondblue.org.au)). Lifeline (Phone: 131144 (24 hours) / Website: [lifeline.org.au](https://www.lifeline.org.au)). Kids Helpline (Phone: 1800 551 800 / Website: [kidshelpline.com.au](https://www.kidshelpline.com.au)).

Rate (per 10,000) ever diagnosed

The rate equals the number of people ever diagnosed with a mental health condition lasting six months or more, by LGA and sex, per 10,000 persons of the corresponding sex in each LGA, as at August 2021. This is a crude rate (not age-standardised).

Source/s
ABS Census 2021, DataPacks, General Community Profile by Local Government Area (LGA): Victoria, Tables G13A, G13B.

Currency
2021

Link
<https://www.abs.gov.au/census/find-census-data/datapacks>

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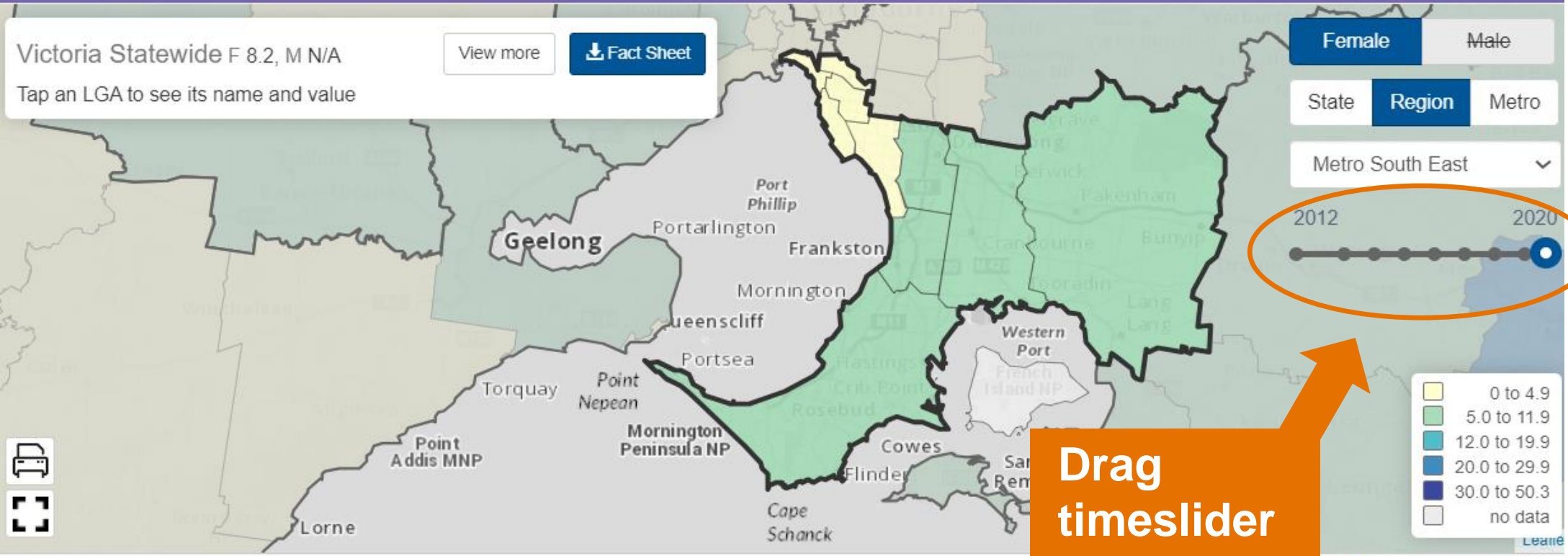
Choose a different indicator or measure

Select priority health area, indicator and measure to update the atlas

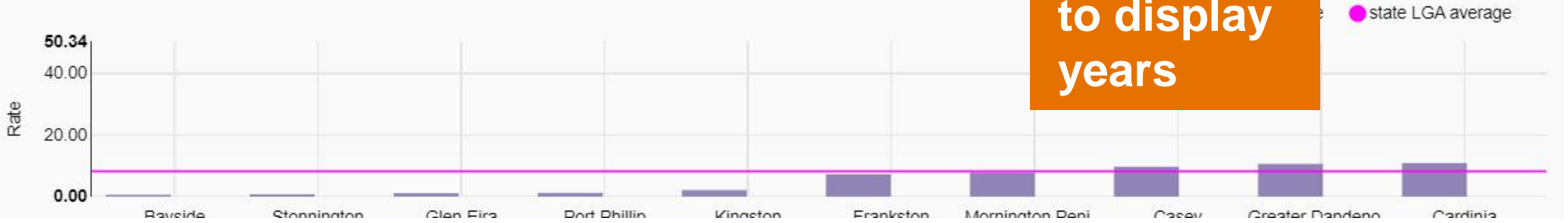
Priority health areas	Indicators	Measures	
Sexual and Reproductive Health >	Medication Abortion (PBS 10211K) >	Aggregate 2 year rate (per 1,000) >	<p>Sexual and Reproductive Health</p> <p>Indicator: Adolescent Birth</p> <p>Measure: 2019 Aggregate 2 year rate (per 1,000)</p> <p>Sexual and reproductive health is a fundamental human right and is expressed through diverse sexualities and forms of sexual expression. This includes the right to healthy and respectful relationships, the right to exercise reproductive choices, access to accurate information, and access to timely and effective health services that are affordable, inclusive, safe and appropriate. Sexual and reproductive concerns for women can include: menstruation, fertility, preventive screening, contraception, abortion, pregnancy, childbirth, pregnancy loss, sexually transmissible infections, health conditions (such as endometriosis, polycystic ovary syndrome, menstrual disorders) and menopause/early menopause. Despite Victoria having legislation to ensure women have the right to exercise reproductive choices, there remain barriers and service gaps that affect access to affordable</p>
Violence Against Women >	Adolescent Birth >		
Mental Health >	Birth >		
Cancer >	Total Fertility Rate >		
Avoidable Mortality >	Contraceptive Implant (MBS 14206) >		
Gender Equality >	Contraceptive IUD (MBS 35503) >		
	Chlamydia >		
	Gonorrhoea >		
	Hepatitis B >		
	Syphilis >		
	HIV >		

[Show for Female](#)
[Close](#)

Victoria Statewide F 8.2, M N/A
Tap an LGA to see its name and value
View more Fact Sheet



Drag timeslider to display years



View any two measures side by side

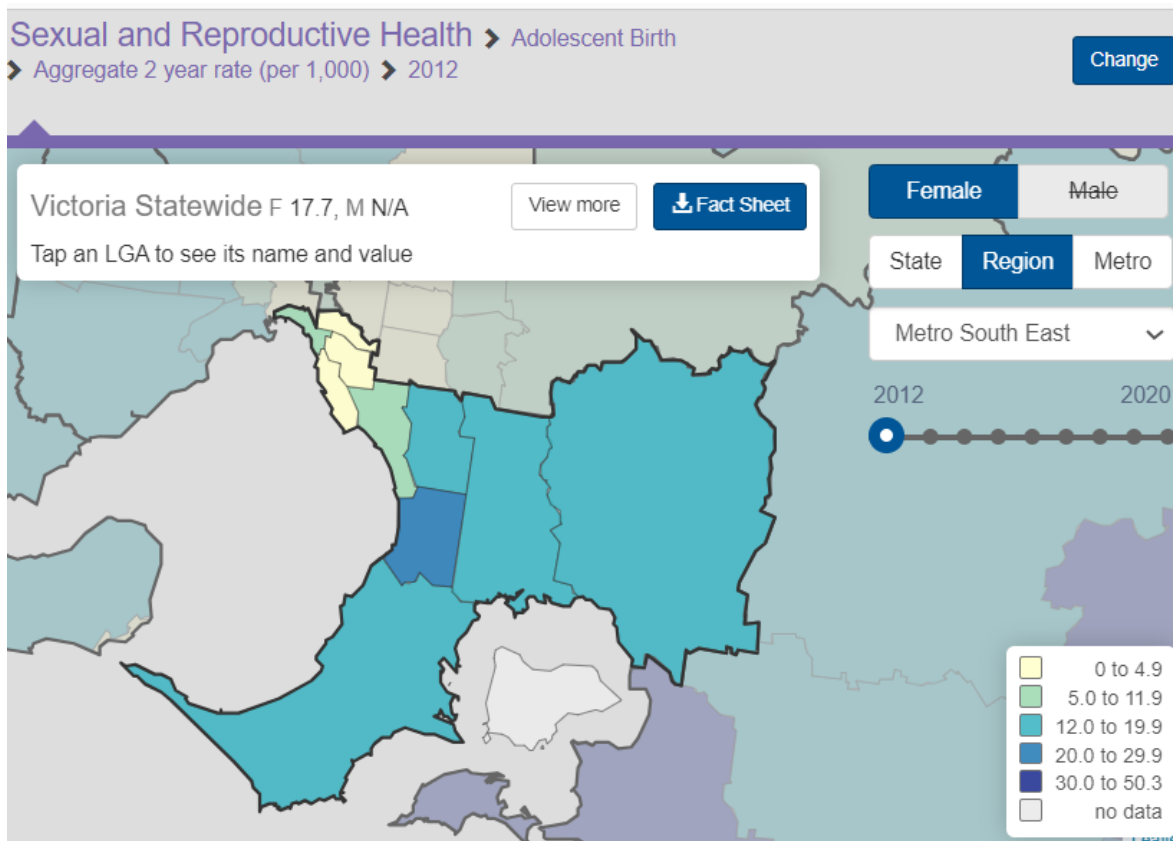
Select priority health area, indicator and measure to compare

Priority health areas	Indicators	Measures	
Sexual and Reproductive Health >	Medication Abortion (PBS 10211K) >	Aggregate 2 year rate (per 1,000) >	<p>Sexual and Reproductive Health</p> <p>Indicator: Adolescent Birth</p> <p>Measure: 2019 Aggregate 2 year rate (per 1,000)</p> <p>Sexual and reproductive health is a fundamental human right and is expressed through diverse sexualities and forms of sexual expression. This includes the right to healthy and respectful relationships, the right to exercise reproductive choices, access to accurate information, and access to timely and effective health services that are affordable, inclusive, safe and appropriate. Sexual and reproductive concerns for women can include: menstruation, fertility, preventive screening, contraception, abortion, pregnancy, childbirth, pregnancy loss, sexually transmissible infections, health conditions (such as endometriosis, polycystic ovary syndrome, menstrual disorders) and menopause/early menopause. Despite Victoria having</p>
Violence Against Women >	Adolescent Birth >		
Mental Health >	Birth >		
Cancer >	Total Fertility Rate >		
Avoidable Mortality >	Contraceptive Implant (MBS 14206) >		
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	Chlamydia >		
	Gonorrhoea >		
	Hepatitis B >		
	Syphilis >		
	HIV >		

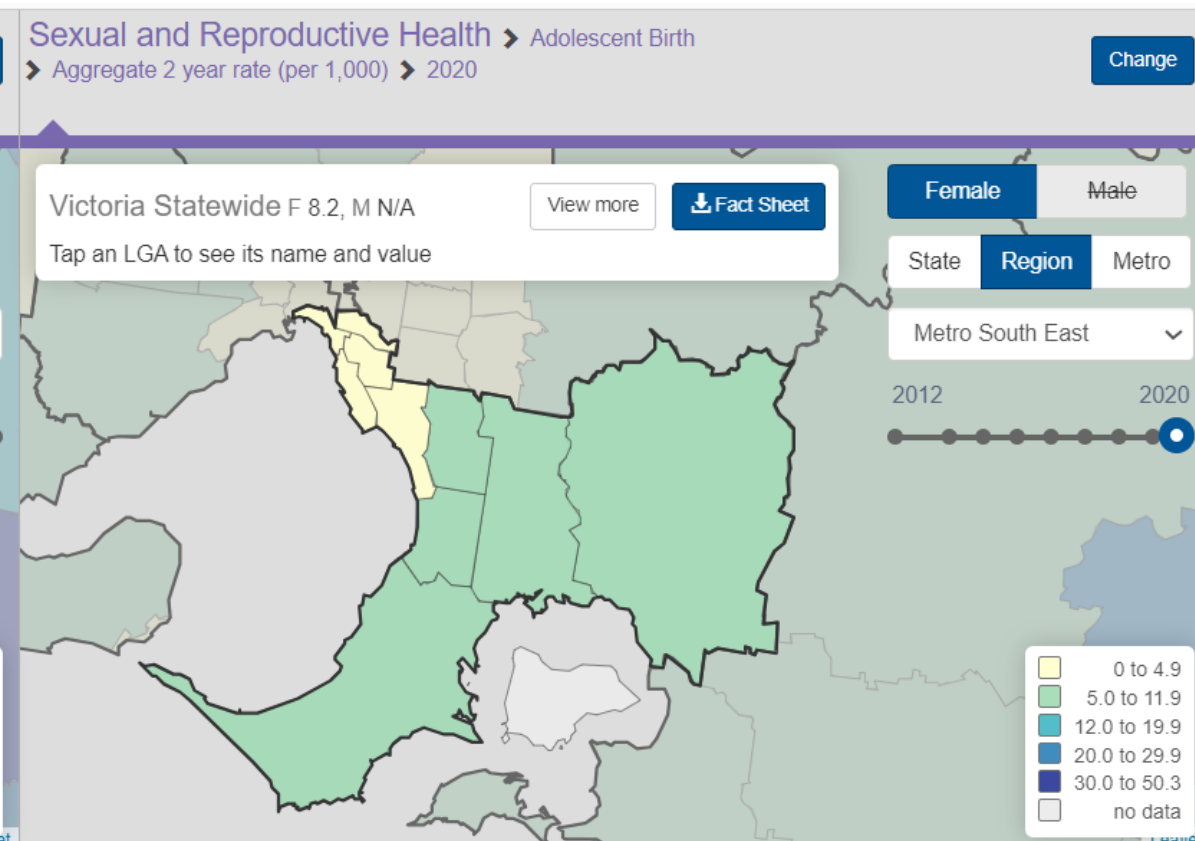
Show for Female Close

Compare over time

Adolescent Birth - Statewide

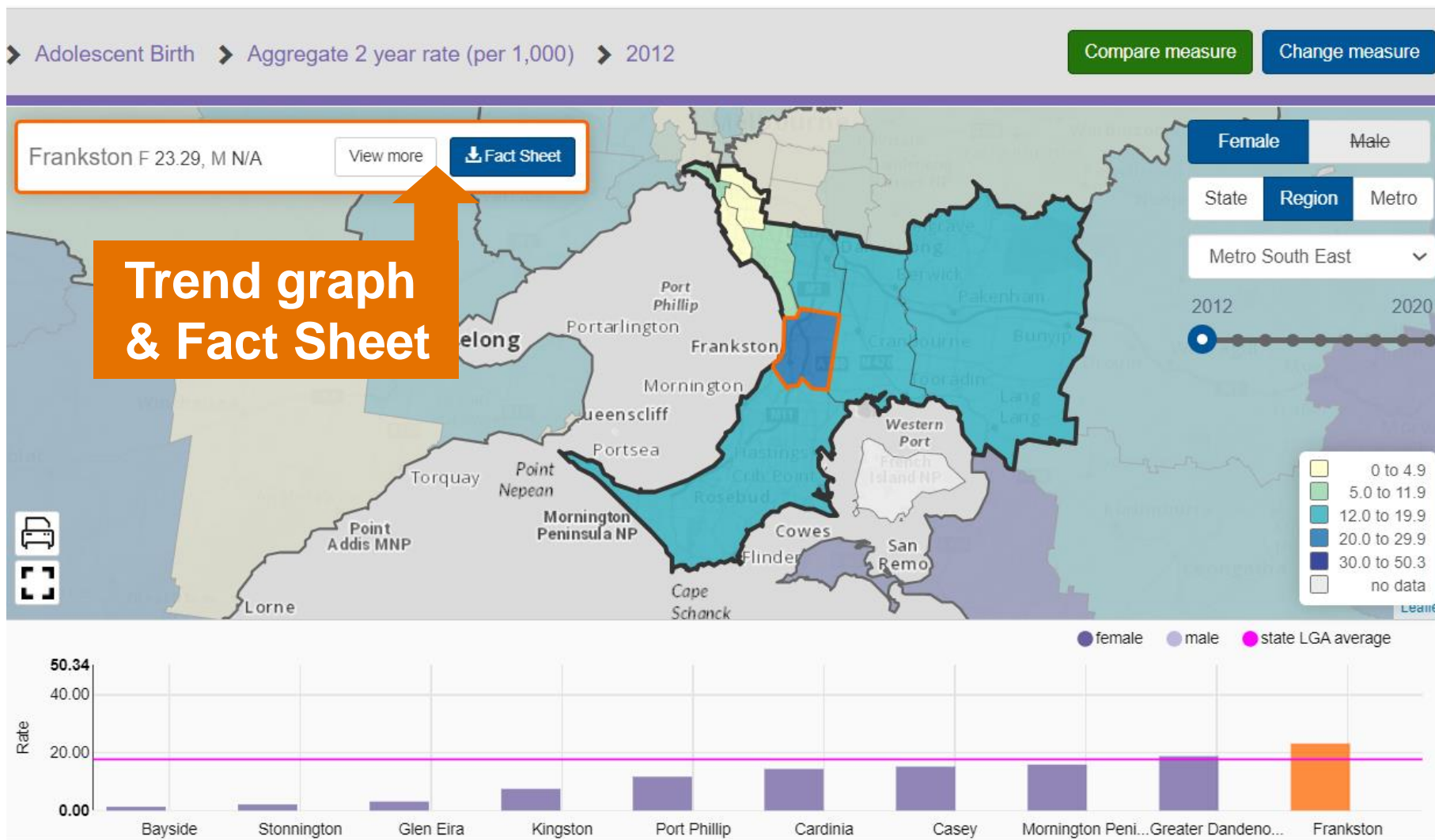


2012



2020

Adolescent Birth – Metro SE Region - Frankston



View more table / graph

Frankston – Adolescent Birth

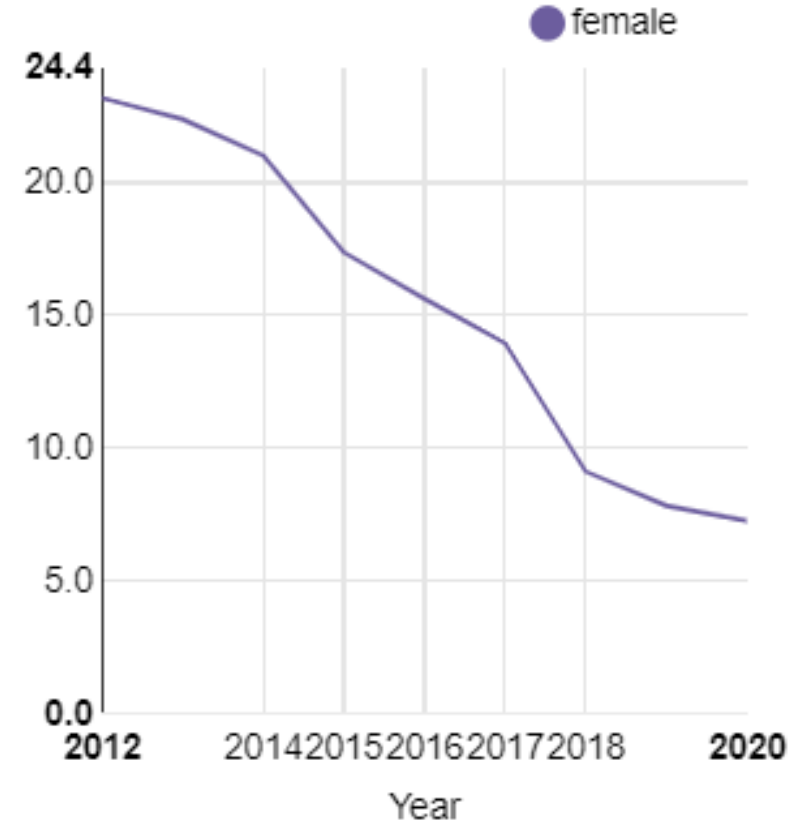
Frankston

Adolescent Birth

Measure	Female	Female state LGA average	Male
2020 Aggregate 2 year rate (per 1,000)	7.25	8.2	N/A
2019 Aggregate 2 year rate (per 1,000)	7.81	9.1	N/A
2018 Aggregate 2 year rate (per 1,000)	9.11	9.5	N/A
2017 Aggregate 2 year rate (per 1,000)	13.95	10.6	N/A
2016 Aggregate 2 year rate (per 1,000)	15.62	12.2	N/A

[↓ Fact Sheet for Sexual and Reproductive Health](#)

[View less](#)





Factsheet – Sample table

Benchmark LGA with Region and State

<i>Adolescent Birth - Aggregate 2 year rate (per 1,000)</i>							
Time Period.	Frankston		Metro South East Region Average		Victoria State LGA Average		
	Female	Male	Female	Male	Female	Male	All
2020	7.25	N/A	5.2	N/A	8.2	N/A	8.2
2019	7.81	N/A	5.2	N/A	9.1	N/A	9.1
2018	9.11	N/A	5.8	N/A	9.5	N/A	9.5
2017	13.95	N/A	7.3	N/A	10.6	N/A	10.6
2016	15.62	N/A	7.9	N/A	12.2	N/A	12.2

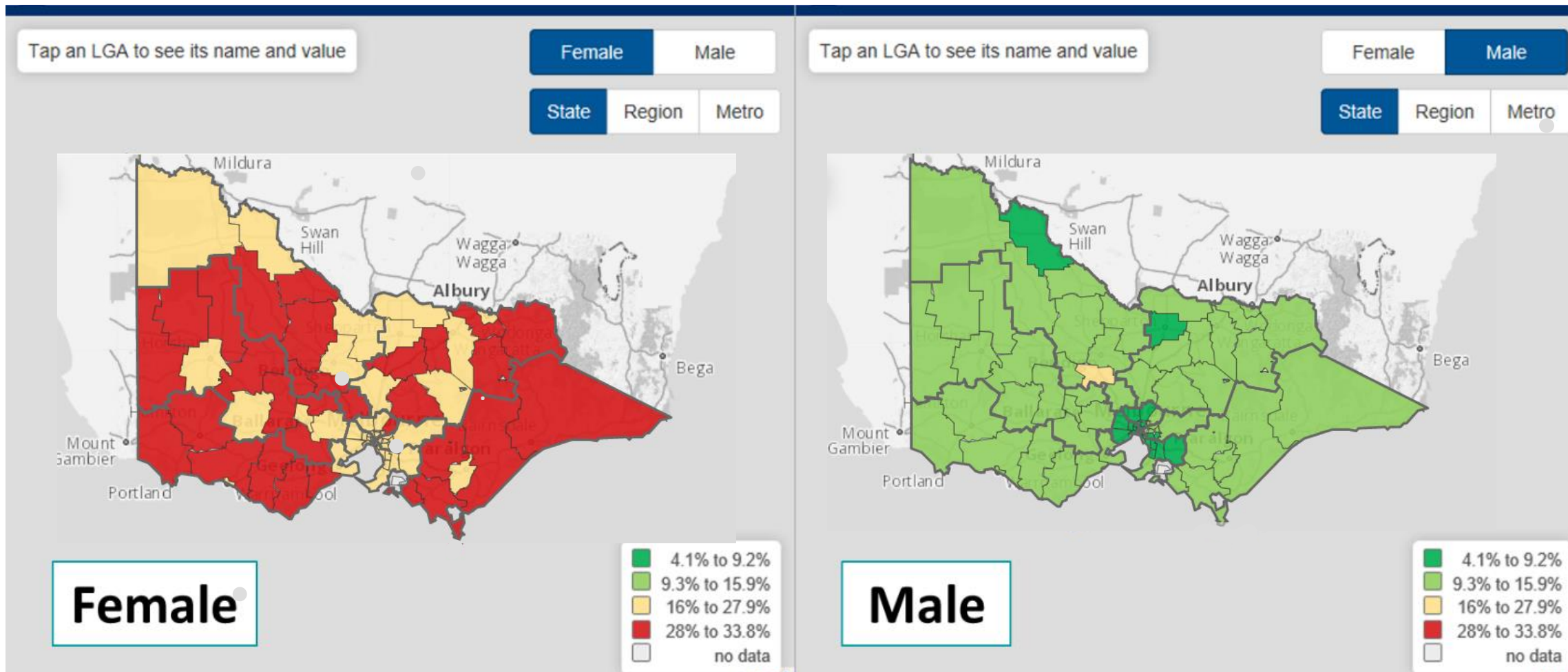
LGA

Region

State

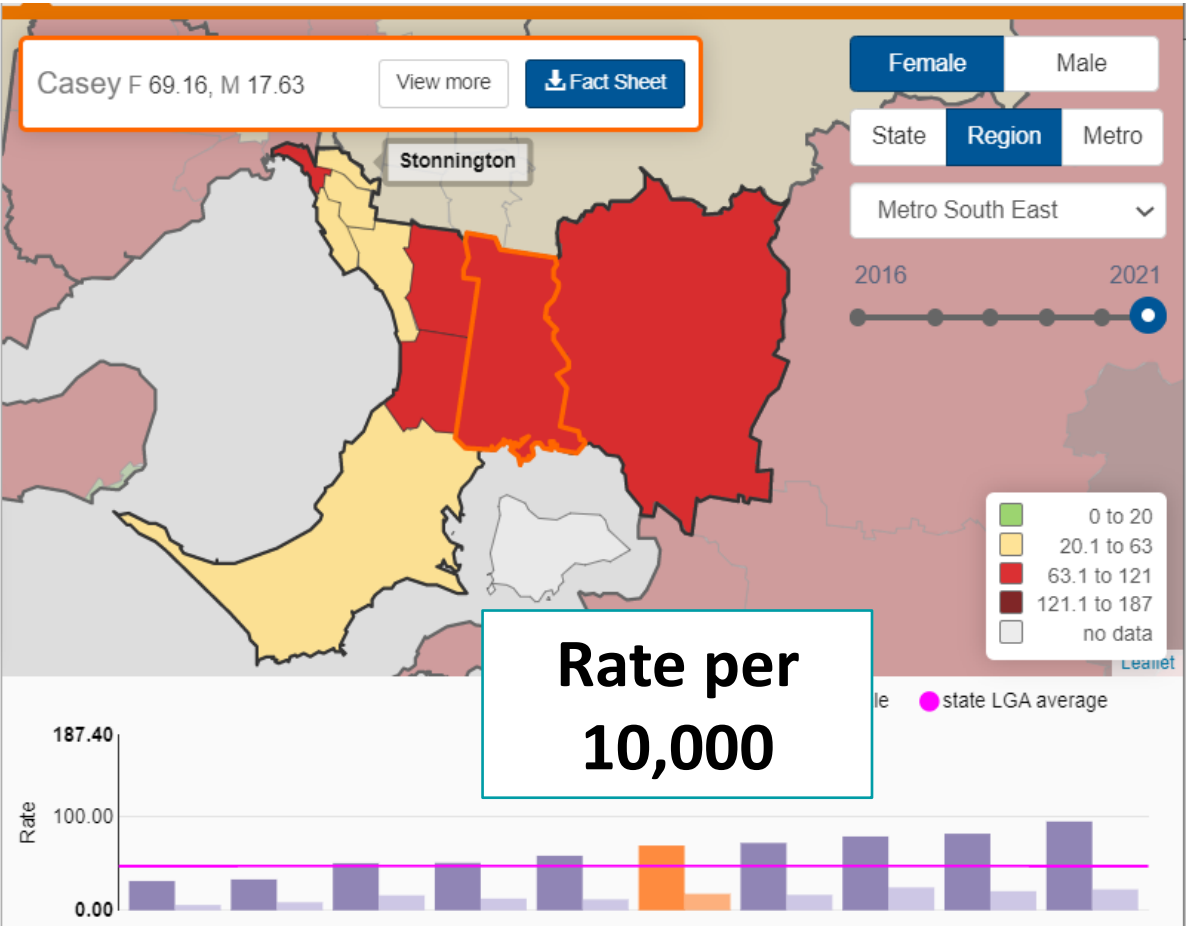
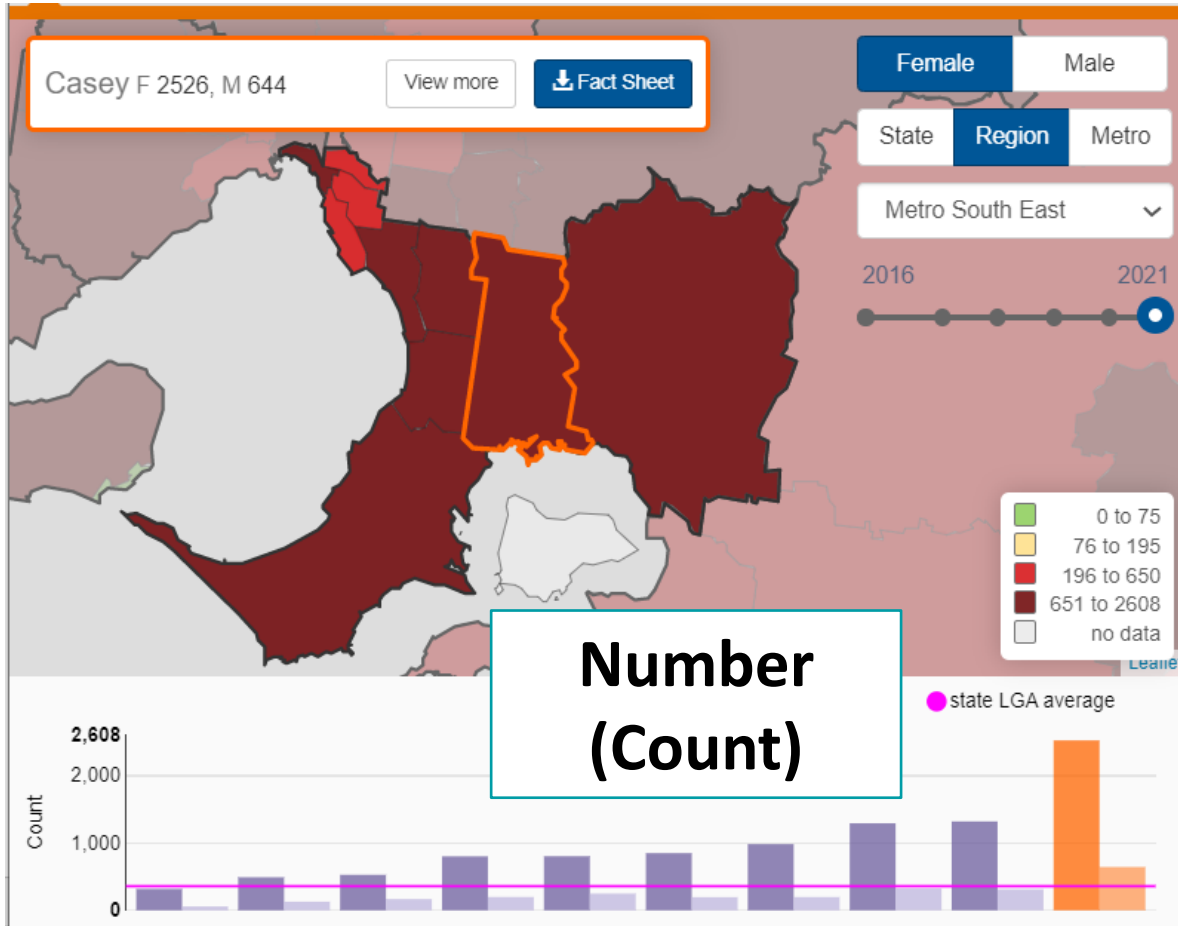
Compare Female and Male

Unpaid Domestic Work 15+ Hrs/week - 2021



Compare Count with Rate

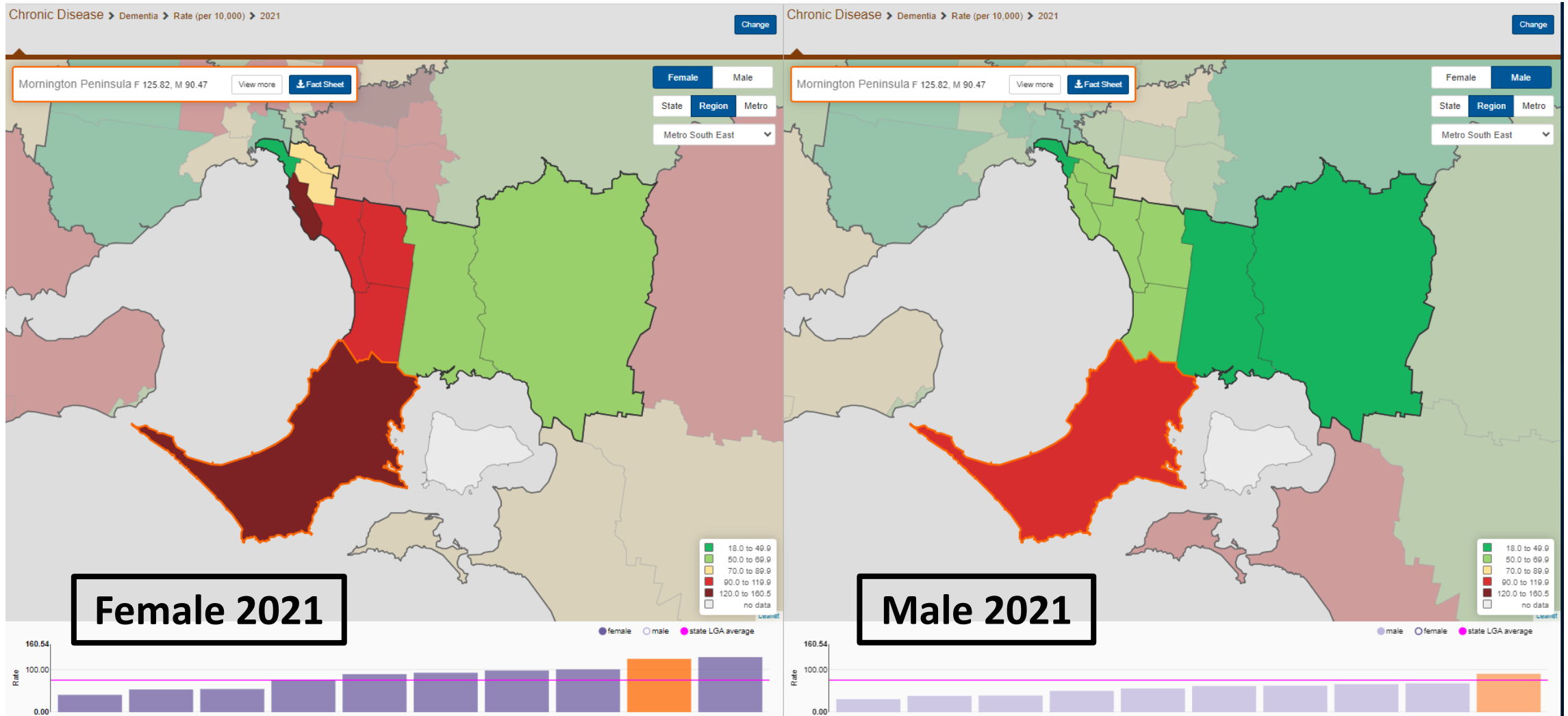
Intimate Partner Violence - Females Affected



Casey has the highest count (notifications)

Frankston has the highest population rate

Compare Female and Male Dementia > Rate (per 10,000)



Shortcuts



From any page:

Takes you back to
the Home page

Resources



Factsheets by LGA



National / Statewide Data



Atlas Education Resources



List of Indicators



Join the Atlas mailing list



How to use the Atlas



User Feedback Survey



Factsheets by LGA

Set of 8 per local government area

women's health atlas
VICTORIA

Mornington Peninsula Metro South East

Women's Health in the South East
<http://www.whise.org.au/>

Sexual and Reproductive Health

Sexual and reproductive health is a fundamental human right and is expressed through diverse sexualities and forms of sexual expression. This includes the right to healthy and respectful relationships, the right to exercise reproductive choices, access to accurate information, and access to timely and effective health services that are affordable, inclusive, safe and appropriate. Sexual and reproductive concerns for women can include: menstruation, fertility, preventive screening, contraception, abortion, pregnancy, childbirth, pregnancy loss, sexually transmissible infections, health conditions (such as endometriosis, polycystic ovary syndrome, menstrual disorders) and menopause/early menopause. Despite Victoria having legislation to ensure women have the right to exercise reproductive choices, there remain barriers and service gaps that affect access to affordable healthcare, including contraception and abortion services, across the state.

SRH
Fact Sheet

Indicators	Measures
Medication Abortion (PBS 10211K)	Rate (per 1,000) by PATIENT location No. of services by PATIENT location Rate (per 1,000) by PRESCRIBER location No. of services by PRESCRIBER location Rate (per 1,000) by PHARMACY location No. of services by PHARMACY location
Adolescent Birth	Aggregate 2 year rate (per 1,000)
Birth	Rate (per 1,000) Count
Total Fertility Rate	Rate (lifetime)
Contraceptive Implant (MBS 14206)	Rate (per 1,000) by PATIENT location No. of services by PATIENT location Rate (per 1,000) by PROVIDER location No. of services by PROVIDER location
Contraceptive IUD (MBS 35503)	Rate (per 1,000) by PATIENT location No. of services by PATIENT location Rate (per 1,000) by PROVIDER location No. of services by PROVIDER location
Chlamydia	Rate (per 10,000) Number of notifications
Gonorrhoea	Rate (per 10,000) Number of notifications

women's health atlas
VICTORIA

Mornington Peninsula Metro South East

VAW
Fact Sheet

MH
Fact Sheet

C
Fact Sheet

women's health atlas
VICTORIA

Mornington Peninsula Metro South East

Women's Health in the South East
<http://www.whise.org.au/>

Healthy Living

Health is determined by a complex interaction between genetic inheritance, lifestyle risk factors (also known as health behaviours), access to quality and affordable healthcare, and the social determinants of health. Common lifestyle risk factors include tobacco use, harmful use of alcohol, an unhealthy diet, physical inactivity, hypertension, hypercholesterolaemia etc. These are some of the risk factors for chronic diseases such as cancer, cardiovascular disease, diabetes, chronic respiratory conditions, and musculoskeletal conditions, which are the major causes of mortality, morbidity, and disability for women and men globally and in Australia.

HL
Fact Sheet

Indicators	Measures
Current Smokers	%
Ex Smokers	%
Alcohol Related Harm Lifetime Risk	%
Alcohol Related Harm Single Occasion Risk	%
Fruit Consumption	% Met daily guidelines
Vegetable Consumption	% Met daily guidelines
Physical Activity	% Met weekly guidelines
Pre-Obese Or Obese	%

women's health atlas
VICTORIA

Mornington Peninsula Metro South East

CD
Fact Sheet

P
Fact Sheet

S
Fact Sheet

National / Statewide Data

Key Australian and Victorian datasets and reports

Priority health areas

Cancer

Chronic disease

Healthy living

Mental health

Sexual and reproductive health

Socioeconomics

Violence against women

Priority populations

Aboriginal and Torres Strait Islander women

LGBTIQ+ communities

Migrant and refugee women

Older women

Rural and regional women

Women in the justice system

Women with disabilities

Young women and girls

Help / support services

Topics covered in this presentation

Mental health conditions

- BeyondBlue (T: 1300 224 636 / W: beyondblue.org.au)
- Lifeline (T: 131144 (24 hours) / W: lifeline.org.au)

Contraception, pregnancy options and sexual health

- 1800 My Options (T: 1800 698 784 / W: 1800myoptions.org.au)

Gender-based violence

- Safe Steps (T: 1800 015 188 – 24 hours)
- 1800RESPECT (T: 1800 737 732 - 24 hours / W: 1800respect.org.au)

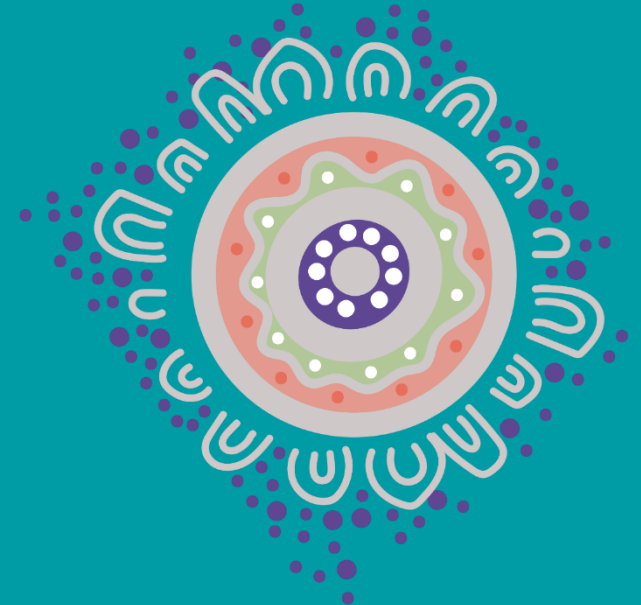
Dementia

- Dementia Australia: (T: 1800 100 500 – 24 hours / W: dementia.org.au)



GENDER

EQUITY



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