

PREGNANCY AND PARENTING SUPPORT SERVICES IN VICTORIA

Your GP will provide care for you during your pregnancy, and for you and your baby following the birth. Your GP will organise check ups, health tests and ultrasounds. They will help you decide what kind of care you want and provide referrals to hospitals and health services.

Having a baby in Victoria

[Pregnancy and birth services](#)

Better Health Channel - information around services and supports, newborn care and your rights and responsibilities.

Hospitals where you can have your baby

[Public maternity and newborn services map – Victoria](#)

[Koori Maternity Services](#)

Providing culturally appropriate maternity care for Aboriginal and Torres Strait Islander women and their families.

You can also choose to have your baby at a private hospital. You can speak to a GP, midwife or obstetrician about private maternity services.

Helplines and Counselling Services

[Pregnancy, Birth and Baby Helpline](#)

1800 882 436

[PANDA \(Perinatal Anxiety and Depression Australia\)](#)

1300 726 306

[Parentline](#)

13 22 89

Pregnancy and parenting support services (under 25s)

[Young Women’s Health Program - Royal Women’s Hospital](#) (Melbourne)

[Young Pregnant and Parenting Network](#) (Australia wide)

[Victorian services](#)

Other pregnancy and parenting support services (all ages)

[Maternal and child health services](#)

[Caroline Chisholm Society](#)

[Child First \(for vulnerable families\)](#)

[Cradle to Kinder](#)

[Council of Single Mothers and their Children](#)

[Rainbow Families Victoria \(for LGBTQI+ support\)](#)

Pregnancy support services for women experiencing drug and/or alcohol issues

[YSAS \(Youth Support & Advocacy Service\)](#) (under 25s)

[Royal Women’s Hospital Alcohol and Drug Service](#) (all ages)

Adoption services

[Information for birth parents considering adoption via the Victorian Government Department of Justice](#)