

What a health worker might ask you...

While it might feel awkward or embarrassing talking to a health professional about your sexual and reproductive health needs, health professionals need to know about your situation to best help you. This means they may sometimes need to ask some sensitive questions about your circumstances. Don't worry, all of the information you share will remain confidential.

During an STI test:

- Do you have any medical conditions?
- Do you take any medications?
- Have you had any previous STI testing or treatment?
- Do you have any symptoms?
- What are your sexual practices (including whether you use condoms or contraception)?
- Can you tell me about your sexual partner(s)?
- Can you tell me about your sexual history in general?

When you ask for contraception:

- Do you have any medical conditions?
- Are you sexually active?
- Do you have regular partner(s)?
- Do you intend to become pregnant in the near future?
- Tell me a bit about your lifestyle? (eg work, family, schedule)

When you buy emergency contraception:

- How many hours ago did you have unprotected sex?
- Are you on any contraception methods?
- When was your last period?
- Have you had a pregnancy test recently?
- Are you taking any other medications at the moment?
- Was the unprotected sex a sexual assault?

During a cervical screen:

- What is your age?
- Are you sexually active?
- When was your last Cervical Screening Test or Pap Smear test?
- Have you had the HPV vaccine?

When you ask for abortion:

- Do you have any medical conditions or mental health concerns?
- How many weeks pregnant are you?
- Do you have a support person?
- Do you feel pressured into having the pregnancy or having the abortion?
- Was the pregnancy caused by a sexual assault?
- Do you have any concerns around your safety, finances or living conditions?

You should NEVER be asked:

- Do your parents know you're having sex?
- What is your religion?
- Isn't this against your cultural beliefs?

If you have any concerns around how a health professional has treated you, you can find more information about your health rights and making a complaint [here](#).

